



CHUBB  
BERMUDA  
TRIANGLE CHALLENGE

# 2026 BUTTERFIELD MILE

FRIDAY, JANUARY 16TH | 6:30PM

FRONT STREET, HAMILTON



BUTTERFIELD







Butterfield Bank is proud to be sponsoring the Butterfield Mile. We congratulate all the runners who have qualified for this Year's race. Best of luck in the Mile!

## SCHEDULE OF EVENTS

<b>6:30PM</b>	Royal Bermuda Regiment Band Performance
<b>6:45PM</b>	Butterfield Mile Mascot Race
<b>7:00PM</b>	Challenge Milers and Butterfield Mile Open Division Milers
<b>7:45PM</b>	Elite Adult Females
<b>7:55PM</b>	Elite Adult Males
<b>8:05PM</b>	10 Years and Under Girls
<b>8:20PM</b>	10 Years and Under Boys
<b>8:35PM</b>	13 Years and Under Girls
<b>8:50PM</b>	13 Years and Under Boys
<b>9:05PM</b>	17 Years and Under Girls
<b>9:15PM</b>	17 Years and Under Boys

***Note: NEW FOR 2026! The Elite Females and Adult Local Females will be run as a combined race, and the Elite Males and Adult Local Males will be run as a combined race.***

## 2026 BUTTERFIELD MILE PARTICIPANTS

### ELITE FEMALES

FIRST NAME	LAST NAME	BIB NO.	COUNTRY
Anna	Vess	27	US
Ellie	Stevens	28	GB
Gina	McNamara	29	US
Karley	Rempel	30	CA
Molly	Applegate	31	US
Gayle	Lindsay	32	GB
Kelly	Babcock	33	US
Ashley	Sanderson-Snyder	34	GB
Brett	Ely	35	US
Kara	Haas	36	US
Meghan	Diel	37	BM
Hilary	Dionne	38	US
Kristin	Gendron	39	US
Courtney	Hawkins	40	US
Rose-Anna	Hoey	41	BM
Katrina	Lindsay	42	GB
Kaitlin	O'Sullivan	43	US
Hannah	Risko	44	US
Teresa	Ruiz	45	BM

## ELITE MALES

FIRST NAME	LAST NAME	BIB NO.	COUNTRY
Ben	Claridge	1	GB
Danny	Cosgrove	2	US
Andrew	Wacker	3	US
Elias	Graca	4	US
Ryan	Outerbridge	5	BM
Sam	Knee-Robinson	6	GB
Marcel	Aubry	7	CA
Andrew (AJ)	Ernst	8	US
JP	Flavin	9	US
Adam	Prunty	10	BM
Kallan	Richardson	11	BM
Mark	Swistak	12	US
Sean	Trott	13	BM
Daniel	Vassallo	14	US
Aaron	Willingham	15	VN

## ADULT LOCAL FEMALES

FIRST NAME	LAST NAME	BIB NO.	COUNTRY
Carina	Bortoli	46	BM
Catherine	Power	47	BM
Ashley	Thompson	48	BM
Mae	Tirfe	49	BM
Kayla	Raymond	50	BM
Zylah	Bean	51	BM
Rachel	Little	52	BM
Dem	Salter	53	BM
Megan	Berry	54	BM
Stepanka	Sprincova	55	BM

## ADULT LOCAL MALES

FIRST NAME	LAST NAME	BIB NO.	COUNTRY
David	Lunn	16	BM
Numair	Khan	17	BM
Philip	Woollins	18	BM
Oliver	Brunnock	19	BM
Christian	Myers	20	BM
Kyle	Godfrey	21	BM
Jermiah	Steede	22	BM
John	Balbach	23	BM
Tom	Johansmeyer	24	BM
Kenwick	Butterfield	25	BM
Colin	Long	26	BM

## 10 YEARS AND UNDER GIRLS

FIRST NAME	LAST NAME	BIB NO.	SCHOOL
Freya	Dunkle	56	WARWICK ACADEMY
Parker	Howard	57	BHS
Hazel	Richards	58	WARWICK ACADEMY
Nola	Thatcher	59	BHS
Chloe	Durkin	60	WARWICK ACADEMY
Esme	Jansma	61	WARWICK ACADEMY
Myiâ	Caisey	62	HARRINGTON SOUND
Liliana	Corbett	63	WARWICK ACADEMY
Vivienne	Fox	64	BHS
Diamond	Morris	65	SALTUS
Isabelle	Cole	66	SALTUS
Giselle	Reid-Rubaine	67	HARRINGTON SOUND
Neve	Adolph	68	WARWICK ACADEMY
Kamari	Brooks-Gibbons	69	WARWICK ACADEMY

## 10 YEARS AND UNDER GIRLS CONTINUED

FIRST NAME	LAST NAME	BIB NO.	SCHOOL
Nea	Fosker	70	BHS
Savannah	Lee	71	WARWICK ACADEMY
Micaela	Teixeira	72	WARWICK ACADEMY
Halo	Lowe	73	SALTUS
Yara	Robinson	74	WARWICK ACADEMY
Evelyn	Mora	75	WARWICK ACADEMY
Isla	Barclay	76	WARWICK ACADEMY
Amaya	Whitter	77	FRANCIS PATTON
Salome	Raynor	78	DALTON E. TUCKER
Naomi	Nusum	207	SALTUS
Indigo	Kemp	208	SALTUS

## 10 YEARS AND UNDER BOYS

FIRST NAME	LAST NAME	BIB NO.	SCHOOL
Nolan	Horrobin	79	SALTUS
Lex	Owen	80	WARWICK ACADEMY
Jacob	Butterfield	81	PORT ROYAL
Elliott	Davidge	82	SALTUS
Shammaah	Darko	83	WARWICK ACADEMY
Ethan	Anderson	84	PORT ROYAL
Joshua	Cann	85	SALTUS
Christopher	Hayne	86	SALTUS
Theodore	Smith	87	HARRINGTON SOUND
Freddie	Webster	88	SALTUS
Aiden	Livingston	89	SOMERSFIELD ACADEMY
Emilio	Roberts Pitcher	90	ST GEORGES PREP
Ted	Brogden	91	WARWICK ACADEMY
Karter	Riley	92	WEST PEMBROKE

## 10 YEARS AND UNDER BOYS CONTINUED

FIRST NAME	LAST NAME	BIB NO.	SCHOOL
Carter	Burgess	93	FRANCIS PATTON
Nico	Simmons	94	WARWICK ACADEMY
Yuri	Easton	95	ELLIOT
Brooklyn	Emery	96	SALTUS
Nassim	Ali	97	WARWICK ACADEMY
Yannick	Courcy	98	SOMERSFIELD ACADEMY
Alistair	Friend	99	SALTUS
Lux	Paynter	100	HARRINGTON SOUND
Oliver	Darrell	101	HARRINGTON SOUND
Addis	Smith	102	HARRINGTON SOUND
Nicholas	Gakundi	103	WARWICK ACADEMY
Takudzwa	Benza	104	ELLIOT
Kingsley	Travis	105	WEST PEMBROKE
Niklas	Bock	106	SALTUS
Lucas	Ferguson	107	SALTUS
Feargal	Murphy	108	HOME SCHOOL
Heath	Kemp	109	SALTUS
Conor	Kane	110	SALTUS
Jamie	Kane	111	SALTUS

## 13 YEARS AND UNDER GIRLS

FIRST NAME	LAST NAME	BIB NO.	SCHOOL
Colette	Durkin	112	WARWICK ACADEMY
Evelyn	Fahy	113	SOMERSFIELD ACADEMY
Naomi	MacGuinness	114	WARWICK ACADEMY
Mylah	DeSilva	115	BHS
Iris	Duda	116	WARWICK ACADEMY

## 13 YEARS AND UNDER GIRLS CONTINUED

FIRST NAME	LAST NAME	BIB NO.	SCHOOL
Harper	Franklin	117	BHS
Piper	Howard	118	BHS
Madeleine	Friend	119	SALTUS
Caroline	Smatt	120	WARWICK ACADEMY
Maiya	Caisey	121	WHITNEY INSTITUTE
Charleigh	Gilchrist	122	SALTUS
Kierra	Broadley-Samuels	123	SALTUS
Emma	Watson	124	BHS
Aalirah	Daniels	125	WHITNEY INSTITUTE
Ella	Kent	126	BHS
Olivia	Darrell	127	BHS
Zaya	Cann-Berkley	128	SANDYS
Mila	Baras	129	BHS
Kayuni	Simmons	130	SANDYS
Yara	Muhammad	131	SANDYS
Jordyn	Lewis	132	BHS
Madeleine	Mcbain	133	WARWICK ACADEMY
Nora	Cenzer	134	SALTUS
Violet	Rossiter	135	WARWICK ACADEMY
Keziah	Symonds- Smith	136	WHITNEY INSTITUTE
Zhara	Trott	137	SALTUS
Joia	Mallory	138	WHITNEY INSTITUTE
Elena	Bortoli	139	WARWICK ACADEMY

## 13 YEARS AND UNDER BOYS

FIRST NAME	LAST NAME	BIB NO.	SCHOOL
Spencer	Haldeman	140	SALTUS
Nicolas	Gomez Caines	141	SANDYS

## 13 YEARS AND UNDER BOYS CONTINUED

FIRST NAME	LAST NAME	BIB NO.	SCHOOL
Antoine	Whitter	142	WHITNEY INSTITUTE
Lucas	Ferreira	143	DELLWOOD
Khaleef	Daley	144	WHITNEY INSTITUTE
Tanaaj	Thorpe	145	SALTUS
Jemani	Scott	146	SANDYS
Ronan	Davidge	147	SALTUS
Maxwell	Williams	148	WARWICK ACADEMY
Adrian	Myers	149	SALTUS
Leo	Heyland	150	SOMERSFIELD ACADEMY
Matthew	Hoey	151	SALTUS
Dage	Butterfield	152	WARWICK ACADEMY
Riley	Maybury	153	SOMERSFIELD ACADEMY
David	Todd	154	BCCL
Billy	Brogden	155	WARWICK ACADEMY
Asa	Trew-Smith	156	SALTUS
Paz	Lightbourn - Francis	157	WHITNEY INSTITUTE
Jadon	Lightbourne	158	SALTUS
Colin	Morgan	159	WARWICK ACADEMY
Harlo	Robinson	160	SALTUS
Tinho	Tucker Wall	161	BCCL
Lorcan	McGlynn	162	WARWICK ACADEMY
Ezra	Furbert-Butterfield	163	MOUNT SAINT AGNES
Owen	Fosker	164	WARWICK ACADEMY
Kaleb	Curling	165	SALTUS
Orion	Medeiros	166	WHITNEY INSTITUTE
William	Hayne	167	SALTUS
Daez	Tear	168	BCCL
Jack	Jones	169	WARWICK ACADEMY
Hasim	Ming	170	WHITNEY INSTITUTE
George	Morris	171	DELLWOOD

## 13 YEARS AND UNDER BOYS CONTINUED

FIRST NAME	LAST NAME	BIB NO.	SCHOOL
Ethan	Smith	172	WARWICK ACADEMY
Jacob	Leclerc	173	WARWICK ACADEMY

## 17 YEARS AND UNDER GIRLS

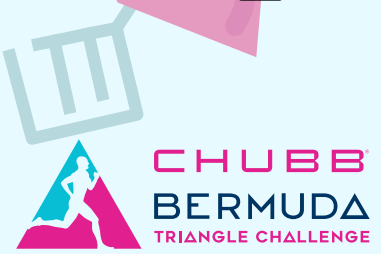
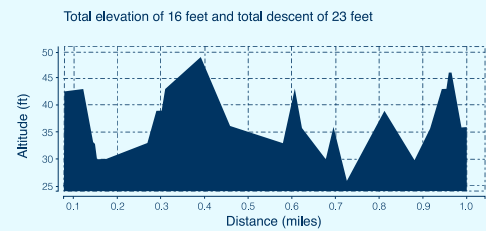
FIRST NAME	LAST NAME	BIB NO.	SCHOOL
Riana	Robinson	174	SALTUS
Brooklyn	Myers	175	BHS
Jaeda	Grant	176	SALTUS
Kelise	Wade	177	BERKELEY
Azari	Jones	178	BERKELEY
Isla	Cooze	179	BHS
Khloe	Curling	180	BHS
Jaylen	Lewis	181	BHS
Sofia	Leclerc	182	WARWICK ACADEMY
Jorgia	White	183	WARWICK ACADEMY
Elanna	Fulton	184	WARWICK ACADEMY
Ziza	Russell	185	OVERSEAS SCHOOL
Zaylee	Lawrence	186	BERKELEY

## 17 YEARS AND UNDER BOYS

FIRST NAME	LAST NAME	BIB NO.	SCHOOL
Sanchez	Smith	187	SALTUS
Dylan	Eiselt	188	SALTUS
Cameron	Adkins	189	WARWICK ACADEMY
Tobiah E	Goodchild	190	SALTUS
Nazir	Johnson	191	BERKELEY

## 17 YEARS AND UNDER BOYS CONTINUED

FIRST NAME	LAST NAME	BIB NO.	SCHOOL
Jens	Drea	192	WARWICK ACADEMY
Jasper	Lau	193	WARWICK ACADEMY
Michael	Schrah	194	WARWICK ACADEMY
Timothy	Pearman	195	BERKELEY
Jarred	Jones	196	SOMERSFIELD ACADEMY
Adam	Cenzer	197	SALTUS
Lucas	Bule	199	SALTUS
Evan	Andrade	200	CHATMORE
Caelan	Cabral	201	SOMERSFIELD ACADEMY
Gianluca	Bortoli	202	WARWICK ACADEMY
Logan	Jones	203	WARWICK ACADEMY
Noah	Fulton	204	WARWICK ACADEMY
Zachary	Johnson	205	WARWICK ACADEMY
Jackson	Langley	206	WARWICK ACADEMY



# CHALLENGE MILE & BUTTERFIELD MILE - OPEN DIVISION

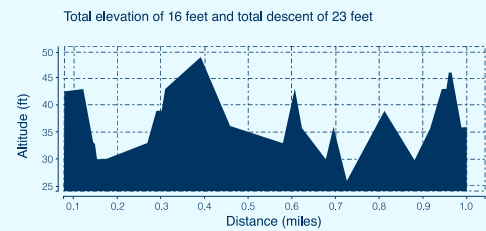
- Start / Finish
- St. John Ambulance Medical Station
- Birdcage
- Landmark
- Flagpole
- Parking
- Dasani Water & Powerade Station
- Longtails Statue
- WC / Toilet
- Vendors
- Bag Drop

For More Information Visit:  
[bermutatrianglechallenge.com](http://bermutatrianglechallenge.com)





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- Bag Drop



## BUTTERFIELD MILE - ELITE, YOUTH & LOCAL QUALIFIERS

For More Information Visit:  
[bermutatrianglechallenge.com](http://bermutatrianglechallenge.com)

Burnaby Street (Hill)



Butterfield

Chancery Lane

Front Street

Front Street

**FINISH**

Front Street



No.5 Car Park



BERMUDA  
CRAFT  
BREWING

EST.  
2020



Pier 6

*HAMILTON HARBOUR*



**BUTTERFIELD MILE - VENDORS**

# 2026 ELITE ATHLETE BIOS

## FEMALES

### Anna Vess

Anna Vess is a graduate of North Carolina State University and a highly accomplished middle-distance runner. She earned First Team All-American honours as part of the 2021 Indoor Distance Medley Relay and recorded multiple top-three finishes in the ACC during her collegiate career. Anna holds personal bests of 2:06.99 (800m), 4:12.04 (1500m), and 4:37.42 (mile). Now training with the Very Nice Track Club in Ann Arbor, Michigan, she returns to Bermuda as the 2025 Butterfield Mile champion, having claimed victory in 4:52.92, and is excited to compete once again.

### Ashley Sanderson-Snyder

Ashley Sanderson-Snyder is a British athlete based in the United States, where she trains and competes with Notch Run Club in Boston, Massachusetts. A dedicated athlete and mother of two, Ashley balances family life, work, and elite-level training with remarkable commitment. She placed third in the 2024 Butterfield Mile and finished fifth overall in the 2025 USATF New England Road Race Grand Prix. Making her third consecutive appearance in Bermuda, Ashley is grateful to return to the island and is looking forward to taking on the Butterfield Mile once again, as well as completing the full Bermuda Triangle Challenge this year.

### Brett Ely

Brett Ely is a four-time Olympic Trials Marathon qualifier with a distinguished career across road and track racing. She holds personal bests of 4:53 (mile), 16:37 (5K), 34:40 (10K), and 2:38:53 (marathon). Competing as a masters athlete, Brett captured three USATF Masters national titles in 2025, winning the Indoor 3,000m and the Outdoor 5,000m and 10,000m, while also securing multiple age-group victories on the road. A professor of Anatomy, Physiology, and Nutrition at Providence College, Brett represents Notch Run Club and brings a wealth of experience and competitive excellence to the Butterfield Mile.

### Courtney Hawkins

Courtney Hawkins is a member of the Boston Athletic Association (B.A.A.) Racing Team in Boston, Massachusetts. A former NCAA Division I cross-country and track athlete, she competed collegiately from 2013 to 2018 across distances ranging from 1600m to 10K. Since graduating, Courtney has focused on the marathon, pursuing the US Olympic Trials qualifying standard while balancing a full-time career as a biotech project manager. Her notable performances include being the 15th American finisher at the 2022 Berlin Marathon, as well as strong showings at the Boston and Chicago Marathons. Courtney is excited to return to her favourite childhood distance and make her first visit to Bermuda for the Butterfield Mile.

### Ellie Stevens

Ellie Stevens is thrilled to return to the Bermuda Triangle Challenge, a race that holds special significance in her recent athletic journey. Over the past 18 months, Ellie has enjoyed tremendous success on the global stage, winning multiple World Masters titles indoors and outdoors, capturing six gold medals at the European Championships, and recording a 68:56 half marathon shortly after returning home from competition. Despite her international achievements, Bermuda remains a standout highlight, marking the true beginning of her season. Ellie is grateful to be back on the island and looks forward to racing once more amid the exceptional community spirit and energy that define this event.

### Gayle Lindsay

Gayle Lindsay, a former Bermuda resident now based in Scotland, is delighted to return to the island to compete in the Butterfield Mile. With strong ties to Bermuda's running community, she looks forward to racing where much of her competitive journey began. A certified running coach, Gayle brings experience across a wide range of distances and is passionate about supporting and inspiring runners of all abilities through both competition and coaching.

### Gina McNamara

Gina McNamara is a member of GRC-Pacers and the Very Nice Track Club, training in Ann Arbor, Michigan. A former University of Michigan athlete, she is a five-time Big Ten finalist in the 800m and holds personal bests of 2:02 (800m), 4:12 (1500m), and 4:29 (road mile). Gina has set multiple national records for Malta and is a six-time national champion, most recently winning both the 800m and 1500m at the European Team Championships (Third League). Outside of running, she works in global corporate strategy at General Motors.

### Hannah Risko

Hannah Risko is a graduate of Endicott College ('24, M'25) and represents Battle Road Track Club based in Boston, Massachusetts. She holds multiple school records at Endicott College across distances from the 800m to the 10K and earned an individual New England Regional Championship title in the 5,000m during the 2024 season. Hannah's personal bests include 2:11.94 (800m), 4:35.30 (1500m), and 17:38 (5,000m). Passionate about racing, she is excited to make her first international, race-focused trip to compete in the Butterfield Mile.

### Hilary Dionne

Hilary Dionne is a two-time Olympic Marathon Trials qualifier with an "A" standard and a marathon personal best of 2:33:02. A former Dartmouth College varsity cross-country and track athlete, she has balanced elite-level racing with a full professional career and motherhood. Hilary has won two marathons, competed in 17 overall, and finished as a top-25 female at the Boston Marathon on seven occasions. Now entering the masters ranks, she brings renewed enthusiasm to shorter distances as she takes on the Butterfield Mile.



## FEMALES CONTINUED

### Kaitlin O'Sullivan

Kaitlin O'Sullivan is in her debut year as a masters athlete representing Notch Run Club in Salem, Massachusetts. A four-time NCAA Division III All-American in track and field, she also competed in two US Championships during her collegiate career. Kaitlin holds personal bests of 2:11 (800m), 4:46 (mile), 16:53 (5K), 35:15 (10K), and 2:45 (marathon). She is looking forward to returning to her middle-distance roots at the Butterfield Mile while balancing a career in luxury real estate and life as a mother of two.

### Kara Haas

Kara Haas returns to Bermuda for the Butterfield Mile for the second consecutive year, having first competed on the island in 1996. Representing the United States, she is a highly accomplished masters athlete and former American indoor record holder in the women's 45–49 1500m. Kara's career highlights include a World Corporate Challenge Championship, NCAA Division II All-American honours, and multiple USATF New England titles across road, cross country, and track disciplines. A member of the Saint Anselm College Hall of Fame, she continues to compete at a high level across distances.

### Karley Rempel

Karley Rempel most recently represented Canada at the 2023 World Mountain and Trail Running Championships in Innsbruck, Austria. A University of North Carolina alumna in track and cross country, she currently trains with The Trail Team in Boulder, Colorado. Karley holds a mile personal best of 4:35, achieved at the Ryan Shay Mile, and brings a dynamic blend of track speed and endurance racing experience to the Butterfield Mile.

### Katrina Lindsay

Katrina Lindsay is a masters athlete based in the British Virgin Islands. She has represented the BVI at the 2025 World Masters Indoor Championships and previously competed for Jersey at the 2015 Island Games. Katrina completed her first World Marathon Major at the Chicago Marathon in 2025 and continues to build her competitive range as she takes on the Butterfield Mile.

### Kelly Babcock

Kelly Babcock competed collegiately for Lansing Community College and Ferris State University and continues to balance her professional career with competitive racing. Coached by her fiancé, she has recently achieved personal bests of 17:20 in the 5,000m and 4:58 in the mile. Following a half marathon training cycle, Kelly is looking forward to shifting focus and competing in the Butterfield Mile.

### Kristin Gendron

Kristin Gendron, a Purdue University graduate, represents Notch Run Club and is based in Marblehead, Massachusetts. She has completed four World Marathon Majors and has run the Boston Marathon for 11 consecutive years. After racing the mile earlier in her career, Kristin has focused primarily on marathon training, making the Butterfield Mile a refreshing return to shorter distances as she prepares for Boston this spring. A mother of two, she values running for its strong sense of community and will serve as Women's Team Captain for Notch Run Club beginning in 2026.

### Meghan Diel

Meghan Diel discovered her passion for running through triathlon training, a sport she took up six years ago. Since then, she has competed in local ITU events, earning podium finishes in both appearances. In 2023, Meghan represented Bermuda internationally at the Island Games in the Olympic-distance triathlon. After finishing second at last year's Front Street Mile, she is excited to return to the Chubb Bermuda Triangle Challenge and compete once again.

### Molly Applegate

Molly Applegate is a Senior Captain with Northeast Track Club in Washington, D.C., where she helps lead one of the city's largest and most inclusive running communities. A former William & Mary athlete specialising in the steeplechase and mile, Molly has since transitioned to road racing while remaining deeply involved in community building. Outside of competition, she organises track workouts, long runs, and local events that bring runners of all levels together.

### Rose-Anne Hoey

Rose-Anne Hoey, originally from Ireland, has lived in Bermuda for over 15 years and is one of the island's most accomplished distance runners. She is the only athlete—male or female—to have won both the Bermuda Full and Half Triangle Challenges and was the overall Full Marathon Champion in 2024. Rose-Anne has claimed victories in many of Bermuda's most prestigious races, including the Local Female Front Street Mile and the Bermuda Half Marathon Derby, as well as an ultramarathon in Ireland. After overcoming breast cancer last year, she is delighted to return to racing and is especially excited to watch her son, Matthew, compete in the Front Street Mile.

### Maria Teresa Ruiz Pavon (Teresa Ruiz)

Teresa Ruiz is a Spanish runner based in Bermuda who discovered competitive running following a health scare in 2022. Since then, she has become an active presence in local races, finding both purpose and community through the sport. Primarily focused on half marathons, Teresa approaches racing as a celebration of resilience, strength, and forward momentum. She is honoured to line up with the elite women at the Front Street Mile and looks forward to embracing the challenge on Bermuda's iconic streets.

# 2026 ELITE ATHLETE BIOS

## MALES

### Aaron Willingham

Aaron Willingham, a 28-year-old from Portland, Maine, has competed on the New England racing circuit for the past five years. He holds recent personal bests of 4:07 (mile), 8:08 (3,000m), and 14:20 (5,000m). Aaron is excited to race on the roads of Bermuda and take on the Butterfield Mile while enjoying the island's atmosphere.

### Adam Prunty

Adam Prunty, born in London, has lived and worked in Bermuda for the past four years. A former competitive swimmer, he began running during the COVID-19 pandemic and has since raced distances ranging from the mile to 100 kilometres. Adam won the Bermuda Marathon in 2025 and recently recorded a marathon personal best of 2:32. He looks forward to returning to the Butterfield Mile as part of the Bermuda Triangle Challenge.

### AJ Ernst

AJ Ernst is a graduate of Providence College and the University of Virginia and represents Notch Run Club. He has competed at the US Olympic Trials and holds a personal best of 3:52 for the mile. AJ brings elite middle-distance experience to the Butterfield Mile.

### Andy Wacker

Andy Wacker is a professional road and trail runner based in Boulder, Colorado, and a four-time USA Trail National Champion. A two-time All-American at the University of Colorado, he holds personal bests of 1:03:25 for the half marathon and 13:41 for the 5,000m. In 2025, Andy ran 4:00.0 for the mile at age 36 and continues to excel across both road and trail disciplines.

### Ben Claridge

Ben Claridge is a middle-distance runner from Great Britain who began his career as a 400m specialist, running 46.5 seconds and winning the England U23 title in 2018. He transitioned to the 800m in 2021 and finished second at the 2023 British Indoor Championships, running 1:48.06. Training in Cardiff under coach James Thie, Ben recently broke the four-minute barrier in the mile with a personal best of 3:58 and recorded an 800m best of 1:47.2.

### Daniel Vassallo

Daniel Vassallo of the Central Mass Striders is a three-time US Olympic Trials marathon qualifier with a personal best of 2:17. A two-time winner of the Philadelphia Marathon, he also holds the Bay State Marathon course record and finished tenth at the 2018 Boston Marathon. Now 40, Daniel continues to bring experience and competitive fire as he takes on the 1609-metre challenge in Bermuda.

### Danny Cosgrove

Danny Cosgrove, from Boxford, Massachusetts, is a graduate of the University of Massachusetts Lowell with a degree in Chemical and Nuclear Engineering. He holds personal bests of 1:51.97 (800m), 3:44.44 (1500m), 4:01.45 (mile), 8:04.54 (3,000m), and 1:06:53 (half marathon). A two-time America East 1000m champion, IC4A 1500m champion, and USATF New England Road Mile champion, Danny is chasing the four-minute mile.

### Elias Graca

Elias Graca competed collegiately at the University of Pennsylvania, where he specialised in middle-distance events and served as senior captain. He placed in the top three at Ivy League Indoor Championships and contributed to record-breaking distance medley relay teams. Elias now represents Diesel Track Club and is a third-year law student at the University of Michigan, with aspirations to work in youth justice and public defence..

### JP Flavin

JP Flavin is a graduate of North Carolina State University and competes for the Hansons-Brooks Original Distance Project in Rochester Hills, Michigan. Primarily focused on the marathon and half marathon, he holds personal bests of 2:10:50 and 1:02:30. JP has recorded strong finishes at both the Boston Marathon, placing 16th in 2025 and 17th in 2023, and the Chicago Marathon, with top-30 finishes in multiple editions. He looks forward to bringing his endurance strength to the Butterfield Mile.

### Kallan Richardson

Kallan Richardson is a 20-year-old Bermudian long-distance runner who primarily competes in events ranging from the 5K to the half marathon. He represented Bermuda at the 2023 CARIFTA Games in the 1500m and holds personal bests of 16:15 (5K) and 1:16:51 (half marathon). Having recently completed university, Kallan is focused on further developing his competitive running career.

### Marcel Aubry

Marcel Aubry was born in Toronto, Canada, and competed in track and cross country while studying Computer Engineering at Boston University. He holds personal bests of 1:52 (800m) and 4:02 (mile). Now working as a software engineer, Marcel trains with Battle Road Track Club in Boston and is looking forward to starting the 2026 season at the Butterfield Mile.

### Mark Swistak

Mark Swistak is a 48-year-old masters runner and lifelong recreational athlete who began competing more seriously in 2025. He represents the Central Mass Striders and completed his first USATF New England Road Race Grand Prix, a seven-race series spanning distances from the mile to the half marathon, achieving a personal best in every event. Mark continues to focus on improving as a middle-distance runner, with plans to compete at both national and world masters championships.



## MALES CONTINUED

### Ryan Outerbridge

Ryan Outerbridge is a Bermudian middle-distance runner who has represented Bermuda at multiple regional and international competitions, including the CARIFTA Games, Caribbean Games, and NACAC U23 and Open Championships. He holds personal bests of 3:52.00 (1500m), 4:14.43 (mile), and 14:51.39 (5,000m). Ryan is a ten-time Northeast-10 Conference champion and was named Conference Championship MVP and Track Performer of the Meet at the 2025 NE-10 Indoor Championships.

### Sam Knee-Robinson

Sam Knee-Robinson is a seasoned distance athlete from the United Kingdom with over two decades of national-level competition experience. A former member of the University of Birmingham and Duquesne University distance running teams, he holds personal bests of 3:51 (1500m), 8:19 (3,000m), 14:38 (5,000m), and 30:38 (10K). Sam continues to compete successfully across track and road events throughout the UK and Europe.

### Sean Trott

Sean Trott is a Bermudian long-distance runner who competes regularly on both the road and track. He was the winner of the 2025 Bermuda Day Half Marathon and is a long-time Bermuda Triangle Challenge competitor, having claimed overall victory in the Half-Triangle Challenge in 2011, with runner-up finishes in 2012 and 2019. A four-time international bronze medallist for Bermuda, Sean has represented the island 15 times and is excited to return to the mile for the first time since 2019.

## DON'T MISS THE MASCOT RACE

AT THE BUTTERFIELD MILE

FRIDAY JANUARY 16, 2026 AT 6:45PM

(RIGHT AFTER THE ROYAL BERMUDA  
REGIMENT BAND PERFORMANCE)

Get ready to join Butterfield's beloved mascot Vern, for an exciting dash down Front Street! Starting at the Bermuda Bistro at the Beach and finishing at the Flag Pole (approximately 200 metres), this is your chance to show off your speed and costume creativity. Plus, the winning mascot will receive **\$1,000 to donate to the charity, school, or cause of their choice—courtesy of Butterfield.**

#### Race Details:

- All participants must be in costume.
- Prizes awarded to the top 3 finishers!
- Winning mascot earns \$1,000 for their chosen cause (courtesy of Butterfield)
- **Participating mascots:** Vern the Butterfield Dragon, Sammy the Saltus Knight, the Warwick Academy Bear, the BHS Torch, Ben Twend the Convex Bear, Felix the Road Safety Turtle, the Somerset Primary Buzz Bee, the MSA Rambo, the Whitney Bull, the Berkeley Institute Panther

#### Ready to Race?

- Confirm your participation by emailing [heather.trianglechallenge@outlook.com](mailto:heather.trianglechallenge@outlook.com)
- Don't miss out on the fun! Sign up today!





## AWARDS FOR THE BUTTERFIELD MILE

The Butterfield Mile Awards will be presented immediately following each race in the following categories for both males & females: 1st through 3rd:

**Elite, 10 years and under (7 years to 10 years – minimum age of 7 years), 13 years and under (11 years, 12 years, and 13 years), 17 years and under (14 years, 15 years, 16 years, and 17 years), and Adult.**

Cash prize awards (overall, for both male and female races, no age group):

**1st place: \$500**

**2nd place: \$250**

**3rd place: \$100**

**If the winner of the elite men's mile breaks 4 minutes there is a prize of \$10,000. If the winner of the elite women's mile breaks 4:25 there is a prize of \$10,000.**

## CURRENT MILE RECORD HOLDERS

### **Elite Female Mile**

2011 - Kenia Sinclair, Jamaica 4:33.61

### **Elite Male Mile**

2002 - Leonard Mucheru, Kenya – 4:02.60

### **10 years and under (7 years to 10 years - minimum age of 7 years) Girls (formerly classified as Primary School Girls)**

2019 – Ziza Russell – 5:39

### **10 years and under (7 years to 10 years - minimum age of 7 years) Boys (formerly classified as Primary School Boys)**

1993 – Spencer Butterfield, Saltus – 5:14.70

### **13 years and under (11 years, 12 years, and 13 years) Girls (formerly classified as Middle School Girls)**

2015 – Ashley Irby, Saltus – 5:23.63

### **13 years and under (11 years, 12 years, and 13 years) Boys (formerly classified as Middle School Boys)**

2009 – Dage Minors, Clearwater – 5:01.90

### **17 years and under (14 years, 15 years, 16 years, and 17 years) Girls (formerly classified as Senior School Girls)**

2019 - Izzy Dutranoit – 5:14

### **17 years and under (14 years, 15 years, 16 years, and 17 years) Boys (formerly classified as Senior School Boys)**

1999 – Tyler Butterfield, Saltus – 4:27.30

### **Adult Local Female**

18-39 - 2003 – Ashley Couper Estwanik – 4:57.46

40+ - 2009 – Victoria Fiddick – 5:30.10

### **Adult Local Male**

18-39 - 2006 – Lamont Marshall - 4:23.07

40+ - 2010 – Gary Raynor – 4:32.70

# THANK YOU TO OUR VOLUNTEERS & SPONSORS

This event could not be made possible without the support from our presenting sponsors **Butterfield, Chubb and The Bermuda Tourism Authority**, as well as all the amazing contributing sponsors, partners and volunteers.

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# THANK YOU!



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