

The Bermuda Cricket Board  
presents

# PASSION TO PERFORMANCE

## A WORKSHOP SERIES



hosted by

**DR. DAVID SCOTT**

International  
Sports Psychologist

### OUR GUEST SPEAKER

Associate professor of sport psychology in the Faculty of  
Kinesiology at the University of New Brunswick.

He holds a B.A. (Hons.) & a P.G.C.E., an MA in Sport  
Psychology

Consultant for: Vancouver Canucks, the Philadelphia  
Flyers, & the Florida Panthers of the National Ice Hockey  
League. The Canadian Men's National Gymnastic Team,  
Bowls Canada, the Canadian National Archery Team,  
Swim Canada and Cricket West Indies.

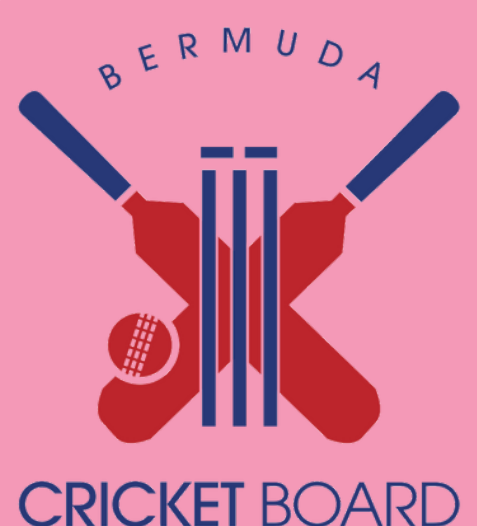
Open to ALL sports enthusiasts & stakeholders -  
Administrators, Players, Coaches, Parents & Match  
Officials

**JANUARY 22 - 27, 2022**

**\$10 - \$35**

**POLICE RECREATION CLUB (MAIN HALL)**

Tickets available at [www.ontrackbda.com](http://www.ontrackbda.com)  
For more information email [info@cricket.bm](mailto:info@cricket.bm)  
or call 292-8958





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### SCHEDULE

**SUNDAY, JANUARY 22 | 10:00 AM - 11:30 AM | \$35**

Women ONLY - "Introduction to Mental Skills" (1 & 2)

**MONDAY, JANUARY 23 | 6:00 PM - 8:00 PM | \$35**

Coaches - "Coaching the Mental Part of the Game"

**TUESDAY, JANUARY 24 | 4:30 PM - 6:00 PM | \$35**

Match Officials - "Observations: Tips to Help You Make Better Decisions"

**TUESDAY, JANUARY 24 | 6:00 PM - 8:00 PM | \$35**

Coaches - "The Advanced Mental Skills Toolbox for Coaches: The Basic Tools"

**WEDNESDAY, JANUARY 25 | 6:00 PM - 8:00 PM | \$35**

Coaches - "The Advanced Mental Skills Toolbox for Coaches" (1)

**THURSDAY, JANUARY 26 | 9:30 AM - 11:30 AM OR 12:30 PM - 2:30 PM | \$10**

Student Athletes - "It's Our Choices"

**THURSDAY, JANUARY 26 | 4:00 PM - 5:30 PM | \$25**

Parents - "Common Sense: Tips on How to Support Your Young Athlete"

**THURSDAY, JANUARY 26 | 6:00 PM - 8:30 PM | \$35**

Coaches - "The Advanced Mental Skills Toolbox for Coaches" (2)

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