



FITNESS INSTRUCTOR/PERSONAL TRAINERS

A leader in the corporate fitness field has a position available for a fitness instructor. Applicants should be highly motivated and have at least 5 years experience. They must have current International Certification with ACSM, AFAA, ACE, RSA or YMCA.

The successful applicant must be able to teach classes!

The successful candidate will:

- Supervise the exercise facility, including opening and closing the facility.
- Conduct exercise fitness classes, including but not limited to: Spinning, Kickboxing, Aqua Weight Training, Circuit Training, Bosu, Boxing, Ramping 123, Ramping Up, Pilate and Aerobics.
- Provide personal training sessions to clients.
- Provide exercise program orientations.
- Design promotional programs and events.
- Have responsibility for the daily tasks associated with the successful operation of a corporate fitness centre.

Qualifications for this post include:

- Knowledge of personal weight training, anatomy and exercise physiology, including terminology.
- Working knowledge of a variety of cardiovascular and strength training equipment.
- Experience with Fitness Design and exercise prescriptions.
- Effective leadership skills, customer service skills and ability to work effectively with staff and members of diverse backgrounds.
- Ability to demonstrate integrity while maintaining confidential files.
- Basic computer skills
- Current adult CPR certification. Possession of current AED certification would be an asset, or once hired, a requirement.

GYM MANAGER

In addition to the above duties & requirements, the applicants for Gym Manager should have proven administration experience in the management of a gym staffing at least three (3) personal trainers and the development of new products for our Members. Proof in Management Administration should be in the form of references & resumes.

Waterfront Properties is an Equal Opportunity Employer and has a Drug Free Workplace Policy
Pre-Employment Drug Testing will be Required

Applicants should apply, in writing, enclosing a current CV & references to:

The Human Resources Administrator

P.O. Box HM 840 • Hamilton • HM CX • e-mail: dross@thewaterfront.bm

Closing date for applications: October 21st 2011