

## MACNUM POWER FORCE GYM & CHIER

**Best of Bermuda** Gold Award, 2007, 2008 and 2009

## Try our new classes

Zumba, Shimmy and Body works

## **ADDITIONAL** CLASSES

Sizzling Latin Dance, Bosu Ball, Aqua, Yoga, Pilates on the ball, Pump it up, Spinning and Cardio Combat. 40 classes a week! See our website under class schedule for

Try our non-members punch card and swim indoors through the winter in our heated indoor pool.

all classes and times. You do not have to be a member to do classes.

Aqua classes are also available for non-members

**Fully Equipped Gym** 11,000 sq ft

**Six Personal Trainers** 



Swimming & Aqua



**Kids Zone Centre** 



Phone: 292-7007

70 Church Street East, Hm12 www. magnumpowerforcegym.bm