

Beyond Fitness Bermuda Ltd. (BFB), is seeking a **Full-Time Personal Trainer / Strength and Group Fitness Instructor** to join their dynamic team. Beyond Fitness Bermuda Ltd. is an innovative and energetic personal and group fitness facility.

FULL-TIME PERSONAL TRAINER / GROUP FITNESS INSTRUCTOR

Responsibilities include but are not limited to:

- Planning & preparing class sessions appropriate for the group class type as described on the BFB schedule
- Developing appropriate personal exercise plans for BFB's clients
- Maintaining a book of personal training clients with a minimum of 6 private teaching hours per day in addition to group classes
- Work with pre and post natal clients and program group classes accordingly
- General gym management, promoting new business and recruiting new clients, encouraging business growth and contributing to BFB's continuous development. This includes the use of social media marketing.
- Booking and client management in the online BFB Customer Data Management system

Requirements:

- Minimum 6 years' experience working with personal training clients teaching strength, conditioning and general fitness
- Proven experience programming for and working with personal training clients and athletic teams
- Personal Training Certification and Pre/Post Natal Certification required
- Indoor Cycling Certification required
- Proven experience in group class preparation and instruction
- Proven experience in content creation/social media skills
- Must possess excellent people skills, firm knowledge of anatomy and ability to modify exercises for various fitness levels

Successful candidates must be experienced and have a flexible schedule to work early mornings, evenings and weekends. Interested applicants should send their application to info@beyondfitbda.com. Please include a current resume, cover letter, and 2 professional references from previous employers.

Closing date: November 29, 2019

Beyond Fitness Bermuda
8 Par-la-ville Road, Hamilton HM11
(441) 734-4100

All applicants will be dealt with in strict confidence.