

Today, Malcishia enters her last year of her 20's, "Where has the time gone?" It seems like yesterday when you were placed in my arms and I fell in love with you; with your pitch black curly hair and that tiny dimpled face, I knew being a parent was to be the best experience ever.

There are so many memories.....too many to share. We're so very proud and very thankful to God for the blessing you are to us.



Happy 29th Birthday Malcishia K. Outerbridge

Turning 29 begins a new stage,
There's so much hype about that age,
We love you daughter,
And we never cease to pray,
That God will guard and keep you safe,
Within His love and care each day.

With much love from your parents Kaywell and Malcolm

1. All good things come with time and the best things come from hard work.
2. If you aren't fearful of something or uncomfortable with a decision, you probably haven't challenged yourself enough.
3. Ignoring something doesn't make it go away.
4. Learning contentment doesn't mean you have settled.
5. Invest in those who support and challenge you to be your best.
6. Be thankful because being yourself is the best gift you can give to those who know and love you.
7. Take those trips you dream about. Traveling is the best way to learn humility, patience and an understanding of home.
8. The greatest experiences in life are learnt out in the world watching it all unfold around you.
9. Learning to laugh at yourself is better than taking yourself too seriously.
10. Life is too short so cherish every moment.
11. People don't control how you feel only you can.
12. Little in life is free, you have to reach out and grab it.
13. There is nothing wrong with crying, it builds inner strength.
14. The greatest self-reliant tool we can learn is to reshape a situation no matter how awful it is.
15. When you fall in love, be yourself and don't hold back.
16. Marriage isn't an easy path but it can be the most rewarding thing in your life.
17. You are going to mess up and even hurt someone's feelings, just own those moments the best way you can.
18. There is nothing a phone call with your mom, and a night in can't fix even as an adult.
19. Social media is only a frame within reality.
20. AND lastly, always speak from the heart and be patient with yourself as you continue to grow.