

Island Rehab Hub Ltd.
Suite 306, The Commerce Building
1 Chancery Lane, Hamilton HM12

is seeking applicants for the position of

Injury Rehabilitation / Strength & Conditioning Specialist

We are seeking the services of a dynamic and enthusiastic strength & conditioning specialist with musculoskeletal injury rehabilitation and scientific research skills. This individual will be required to treat mid to late-stage sports injuries and musculoskeletal ailments. The successful candidate must be competent in soft tissue skills (massage and joint mobilizations), coupled with the ability to provide effective corrective exercise and wellness prescription, as well as offer a broad range of physical training programs when appropriate.

Key Duties and Responsibilities include:

- Performing an appropriate detailed assessment on all patients following referrals using objective clinical measures to identify problems, and formulate treatment plans based on realistic stated goals
- Design and documentation of 'assessment tools' and 'return to sport' protocols
- Carrying out specific therapeutic interventions (massage and/or joint mobilizations) as indicated within qualification remit
- Providing supervision and delegation of specific written treatment plans to aides and assistants
- Observing and evaluating treatment effects and communicating patient progress or lack thereof to appropriate health professionals
- Maintaining patient documentation using the appropriate paper work
- Preparing specific clinical reports and conducting independent research projects as requested.

Minimum Qualifications and Experience:

- PhD in Health Science or related discipline
- Advanced Diploma Qualification in Sports Therapy or Sports & Remedial Massage Therapy
- Minimum 10 years clinical experience
- Minimum 15 years post-graduate experience within a multidisciplinary health and fitness training environment.
- Experience working with elite/professional athletes and special populations (older adults, adolescents, pre-post operation and neurological disorders) would be a distinct advantage
- The ability to conduct in-house research projects on a bespoke basis.
- Excellent interpersonal and communication skills; liaison with other members of the multidisciplinary team to ensure continuity of care

Qualified candidates should submit their resume, proof of qualifications and two professional references to: The President, Island Rehab Hub Ltd. P.O. Box HM2522, Hamilton HM12 Bermuda or via email to info@windcrest.bm

Submission Deadline: September 20, 2019