

Registered Dietitian Nutritionist

The Registered Dietitian Nutritionist (RDN) provides nutrition consultation and education for patients and their families who are screened at nutrition risk, identified with nutrition risk, and/or referred by physicians or other healthcare providers for nutrition-related problems, chronic disease management, management of nutrition support, to meet regulatory requirements, or for prevention and wellness. The RDN is an integral part of the multidisciplinary team who serves as the patient's nutrition advocate. The RDN works independently and performs business and supervisory functions, such as management of resources in a cost-effective manner, and participates in compliance and quality performance improvement efforts to ensure nutrition care is safe and effective, and oversees the experiences for dietetic interns. The RDN is an integral part of the multidisciplinary team, is involved in education of physicians, and other health professionals as requested via lectures and in-service opportunities and team conferences, and contributes to the development and revision of organizational policies and guidelines. The RDN maintains professional competency and skills required for professional practice

Responsibilities

- Provide effective solutions and suggestions on health and fitness issues
- Work closely with the patient health and wellness team in meeting the organization's health management goals
- Provide face to face patient support and education
- Counsel and advise patients or healthy people to improve the overall health condition
- Understand the prevailing health conditions and diagnose the required problems
- Identify the need for behavioural change to improve health status, reduce health risks and improve quality of life
- Offer possible solutions and sometimes medication to address health issues
- Examine and record the vital signs like body temperature, blood pressure, pulse rate, weight, height, etc., accurately
- Involve in motivational interviewing and engagement strategies
- Apply knowledge of medicine, diet, nutrition or relevant methods to suggest solutions
- Suggest exercises, diet charts, meditation or mental stress reducing techniques to clients
- Deal with the client with a positive and empathetic attitude to make them feel comfortable

Essential Skills Required

- Excellent knowledge in health, nutrition and fitness issues
- Knowledge of health-related diseases and remedial measures
- Excellent verbal and written communication skills
- Strong motivational and convincing power
- Ability to counsel clients of all ages and problems
- Solid experience in variety of clinical techniques and medical field
- Immense ability to develop a health plan
- A well organized and pleasing personality
- Knowledge of latest trends in health care
- A pleasing personality with self-confidence

Education and Experience

- A bachelor's degree in exercise physiology, nursing, dietary or a related field.
- A minimum experience of three - five years in health promotion, wellness, or health education is required.
- Certifications as a registered Dietician from an accredited professional or institute is required.

Please reply in writing including your Resume/CV with cover letter to info@nmac.bm or in person at **Northshore Medical & Aesthetics, Center 7 Northshore Road, Devonshire DV01.**

Closing Date: September 8, 2017