

WORKSHOP OPTIONS FOR 'PARENT EXPO – 2018'

Participants are invited to pick 2 workshops from any two of the 3 time periods.

In participants' 'free time period' they attend the 'YOUTH MAKER FAIRE' in the Gymnasium

WORKSHOP PERIOD A. (4.30 – 5-15 pm)

1A. "Effective Study Skills" – **Linda Parker – Head of BHS & Tamicia Darrell – Deputy Principal at West End Primary**

2A. "Health & Wellness" - **Marie Beach – Coach & Trainer**

3A. "Addressing Challenges of 21st Century Parenting (Primary Level)" – **Anthony Peets – School Counsellor & Child Advocate**

4A. "Beyond High School – Preparing for the Future" – **Dr. Duranda Greene – President of Bermuda College**

5A. "Meeting the Challenge of Child Abuse" – **Alnisha Peets – Child & Family Services**

WORKSHOP PERIOD B.(5.30 – 6.15 pm)

6B. "Implications for the Challenges & Opportunities of Social Media in our Culture" – **Dave Horan – Principal – Warwick Academy & Kenneth Caesar – Acting Principal – Cedarbridge**

7B. "The Impact of the HPV Virus on the Health of Young People" – **Genevive Williams – Hamilton Clinic**

8B. "Making Use of Free-Online Support to Strengthen Your Child's Performance in Math, etc.- Khan Academy" – **Mischa Fubler – former Teacher – IT Specialist @ BELCO**

9B. "Addressing the Challenges of 21st Century Parenting (Middle Level)"- **Jermaine Burrows – Counsellor @ Sandy's Sec. Middle School**

10B. "Early Childhood – When Small Steps Make a Big Difference" – **Andalyn Swan – Head of Happy Valley Nursery**

WORKSHOP PERIOD C. (6.30 – 7.15 pm)

**11C. “7 Habits for Effective Families” – Martha Kirkland – Consultant – Franklin Covey
Bermuda**

12C. “Health & Wellness” – Marie Beech –Coach & Trainer

**13C. “Addressing the Challenges of 21st Century Parenting” – Cathy Fubler – Exemplary Parent
– Children at Cedarbridge**

14C “Family Budgeting – Planning for the Future” – Honey Adams – Consumer Affairs

15C. “Parent as *Early* Coach”- Calvina Simons & Isabelle Weber – Early Childhood Specialists