

8 KEYS TO WELLNESS

HEALTH EXPO @ BERMUDA INSTITUTE
AUG. 28 @ 1 TO 3PM (SESSION 1)
3 TO 5PM (REPEAT OF SESSION 1)

*Includes Tasty Foods, Exercise, Massage, Simple Home Remedies, Herbal Drinks, Health Risk Profiles for Health Age, Heart Risk and Diabetes Risk, Health Screenings, Info Booths and More. Come and Experience Wellness.

ALL FOR FREE!!

Call 292-4110 for additional details.

Major Sponsor: Health Ministries Department, Bermuda
Conference of Seventh-day Adventists