



► Recruitment ► Secondment ► Career Development



Our client, Beyond Fitness Bermuda Ltd. (BFB), is seeking a **Full-Time Personal Trainer / Class Trainer AND Full-Time Pilates / Barre Instructor** to join their dynamic team. Beyond Fitness Bermuda Ltd. is an innovative and energetic personal and group fitness facility.

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## ► FULL-TIME PERSONAL TRAINER / CLASS TRAINER

### **Responsibilities include but are not limited to:**

- Recruiting new BFB personal training clients in the areas of general fitness and Pilates
- Planning & preparing class sessions appropriate for the group class type as described on the BFB schedule
- Demonstrating the correct way to use exercise equipment and monitoring the misuse of equipment
- Assisting with the day-to-day running of the gym facility and ensuring the gym is clean and free of health and safety hazards
- Strengthening industry knowledge through ongoing professional development

### **Requirements:**

- Minimum 3 to 5 years' experience working with personal training clients teaching general fitness and Pilates
- Proven experience in group class preparation, coaching and must have experience teaching Pilates Mat group classes
- Personal Training certification or classical Pilates certification on all apparatus required
- Spinning instructor certification required
- CrossFit Level 1 certification or extensive CrossFit training experience is preferred

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## ► FULL-TIME PILATES / BARRE INSTRUCTOR

### **Responsibilities include but are not limited to:**

- Recruiting new BFB personal training clients in the areas of Pilates and Barre
- Planning & preparing class sessions appropriate for the group class type as described on the BFB schedule
- Teaching private and group Pilates and Barre
- Assisting with the day-to-day management of the gym facility
- Developing and maintaining group fitness areas to promote an exceptional facility experience
- Strengthening industry knowledge through ongoing professional development

### **Requirements:**

- Minimum 3 to 5 years' experience working with personal training clients teaching private and group Pilates and Barre
- Proven experience in group class preparation, coaching and must have experience teaching Pilates Mat, Tower and Barre group classes
- Classical Pilates certification on all apparatus required
- Barre certification required
- Experience in managing gym operations is preferred

Successful candidates must be experienced and have a flexible schedule to work evenings and weekends. Interested applicants should send their application to **info@frontier.bm**. Please include a current resume, cover letter, and 2 professional references from previous employers.

**Closing date: May 4, 2016.**

**Frontier Financial Services Limited**  
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