

Horizon Health

Magnolia Place, 45 Victoria Street, Hamilton Phone 293-1687

CHEF/MANAGER

REQUIRED FOR BUSY ORGANIC CAFÉ IN HAMILTON

Responsibilities include: Preparing raw juices, smoothies, daily soup, daily salads, daily sandwiches. Inventory projection and control, ordering, managing Café staff (2). Must be able to work well under pressure. Must be knowledgeable in the area of healthy eating/lifestyle. Café is open from 8am-4pm, Monday-Friday, Saturday 9am-2pm. Resume and two references required.

FULL TIME INSTRUCTOR

MUST HAVE THE FOLLOWING QUALIFICATIONS:

Pilates Reformer, Pilates Mat, Pre and Post Natal Pilates, Jumpboard, TRX and Spinning. A knowledge of Authentic Pilates is required. Must be willing to work Saturdays and evenings.

Please apply via email to: horizonhealth78@gmail.com

Closing Date: May 12, 2014