



### **Part Time Spinning Instructors**

With current CPR and AED certification, a recognized qualification and minimum of 1 year experience.

### **Full Time (Level 2) Personal Trainer**

As a member of the Personal Training Team, you will be responsible for providing personal and small group training services that offer customized programs that support and guide the individual's to successfully meet their goals.

Responsibilities will also include teaching spinning and group exercise classes; including but not limited to circuits, X-Treme Fit and boxfit, as well as conducting health assessments and orientation sessions for new members, nutritional counseling, actively promote and market personal training services as well as ensuring that all areas and equipment in the Club are cleaned and safe at all times.

Current CPR and AED certification is essential along with at least one specialized degree, diploma or certification in addition to a recognized Personal Training accreditation and a minimum of 3 years one-to-one Personal Training experience.

### **Full Time Senior (Level 3) Personal Trainer**

As a member of the Personal Training Team, you will be responsible for providing personal and small group training services that offer customized programs that support and guide the individual's to successfully meet their goals.

Responsibilities will also include teaching spinning and group exercise classes, conducting health assessments and orientation sessions for new members, nutritional coaching and workshop presentations on topics such as lifestyle management, actively promote and market personal/group training services as well as ensuring that all areas and equipment in the Club are clean and safe at all times.

Current CPR and AED certification is essential along with at least two specialized degree, diploma or certification in addition to a recognized Personal Trainer and Nutrition accreditation and a minimum of 5 years experience.

### **Squash Coach**

Court House, Bermuda's only Squash and Wellness club is currently seeking a talented, service-focused Squash Coach to teach squash and develop a program of events and tournaments for our members. The successful applicant will be a certified squash coach (SRA Level II or equivalent) with a minimum of 5 years experience and a proven track record of coaching adults of various skill levels, including beginners and have the ability to organize and promote a squash program ; including tournaments, ladders, leagues and partner-matching.

Excellent communication and service skills; cooperative, flexible and a friendly attitude are essential along with CPR/AED Certification.

**The above positions will include evenings and/or weekends. Interested? Please email Sue Pell at [spell@courthouse.bm](mailto:spell@courthouse.bm) Fax: 292-8388 or send to Suite 1282, 48 Par-La-Ville Road, Hamilton HM11. All enquiries will be dealt with in strict confidence.**

**CLOSING DATE: Monday, December 16th, 2013**