



## **FITNESS INSTRUCTOR/PERSONAL TRAINER**

A leader in the corporate fitness field has a position available for a fitness instructor. Applicants should be highly motivated & have at least 5 years experience. They must have current International Certification with ACSM, AFAA, ACE, RSA or YMCA.

**The successful applicant must be able to teach classes!**

### **The successful candidate will:**

- Supervise the exercise facility, including opening & closing the facility.
- Conduct exercise fitness classes, including but not limited to: Spinning, Kickboxing, Circuit Training & Bosu.
- Provide personal training sessions to clients.
- Provide exercise programme orientations.
- Design promotional programmes & events.
- Have basic computer skills
- Have responsibility for the daily tasks associated with the successful operation of a corporate fitness centre.

### **Qualifications for this post include:**

- Knowledge of personal weight training, anatomy & exercise physiology, including terminology.
- Working knowledge of a variety of cardiovascular & strength training equipment.
- Experience with Fitness Design & exercise prescriptions.
- Effective leadership skills, customer service skills & ability to work effectively with staff & members of diverse backgrounds.
- Ability to demonstrate integrity while maintaining confidential files.
- Basic computer skills
- Current adult CPR certification. Possession of current AED certification would be an asset, or once hired, a requirement.

*Waterfront Properties is an Equal Opportunity Employer & has a Drug-Free Workplace Policy  
Pre-Employment Testing will be Required • Applicants should apply, in writing, enclosing a current CV to:*

The Human Resources Administrator  
P.O. Box HM 840 • Hamilton • HM CX  
e-mail: [dross@thewaterfront.bm](mailto:dross@thewaterfront.bm)

Closing date for applications: September 14th 2012