

JUMP START YOUR METABOLISM WITH US

Ready to get in shape for 2012? Ready to lose **weight**?

The all inclusive results oriented programme at Fitness Bay Resort is for you! The programme runs for a full week or you can try our introductory Weekend of Fitness. Whichever you choose, you'll be making the right choice in 2012.

Sign up today!

For more information call 232-BFIT or email: info@fitnessbayresort.com
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